



Eden Park Academy

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Executive Co-headteachers:

Mr Richard Blunt & Ms Samantha Warner

MENU – WEEK ONE

Monday

Brunch

Served with Sausages, Hash Brown & Beans

(v) Sweet & Sour Noodles

Toffee Frozen Yoghurt

(Milk, Eggs, Wheat)

Tuesday

Pasta Spirals with Homemade Carbonara Sauce

(v) Mediterranean Tomato Sauce

Served with Salad & Garlic Bread Slice

Zebra Sponge & Custard

(Wheat, Milk, Eggs)

Wednesday

Roast Gammon Ham & Pineapple

(v) Roasted Vegetable Tart

Served with creamy mashed potatoes & roasted potatoes,
fresh crinkle carrots, peas, broccoli & gravy

Cheese & Crackers with Fresh Apple Slices or Mango Smoothie

(Milk, Wheat, Soya, Eggs)

Thursday

Minced Beef & Onion Pie

Served with Jacket Potato Wedges & Mixed Vegetables

(v) Baked Beans on Toast & Cheese Sprinkles

Rainbow Jelly with Fruit Salad

(Wheat, Milk)

Friday

Beef Burger in a Bun

(v) Quorn Sausage

Served with crispy chips, peas, sweetcorn & tomato sauce

Ice Cream Surprise

(Milk, Wheat & Eggs)



MENU – WEEK TWO

Monday

West Country Sausage Roll
Served with mini corn on the cob or spaghetti hoops
(v) Vegetable Samosa with Sweet Chilli Dip
Steamed Syrup Sponge & Custard
(Milk, Eggs, Wheat)

Tuesday

Pizza Muffin
(v) Tomato Pasta Bake
Served with Sweetcorn or Salad
Chocolate Chip Shortbread
(Wheat, Milk, Eggs)

Wednesday

Toad in the Hole
(v) Quorn Sausage
Served with creamy mashed potatoes
fresh crinkle carrots, peas, broccoli & gravy
Muesli Crunch
(Wheat, Milk, Soya)

Thursday

Warm Chicken Goujon Wrap
Served with Baked Potato Wedges & Sweetcorn
(v) Cheese Wheels with Beans
Jam & Ice Cream Sponge
(Wheat, Milk, Eggs)

Friday

Catch of the Day
(v) Cheese Baguette
Served with crispy chips, peas, sweetcorn & tomato sauce
Iced Fruit Smoothie or Fruity Meringue Nest
(Milk, Wheat & Eggs)