



EDEN PARK ACADEMY

E-Safety Tips for Accessing Home Learning

At Eden Park we recognise that many of the home learning tasks being set whilst the children are not in school require the use of digital technologies. As such, here are our top tips for keeping pupils safe whilst online:

- **Keeping Personal Information Safe** – Children will already have accounts for the main websites that we have asked them to use (such as Times Tables Rock Stars). If you or your child is looking to access a different site, which requires you to ‘register’ or ‘signup’, check the website looks safe to use. Help children to choose a suitable/safe password and remind them to never post/give out personal information online (address, full name, phone numbers etc)
- **Set Up Parental Controls** - If you have not done so already, now is a great time to ensure all of your devices have appropriate parental controls. [InternetMatters.org](https://www.internetmatters.org) has clear guides for almost all mobile/Wi-Fi networks and devices including smart speakers.
- **Supervise Research Time** - If your child is carrying out research for an activity they are working on, we recommend they do this in a family space, where you can discuss what they are researching and you can see the content they are viewing. Use safe search engines such as [Swiggle](https://www.swiggle.com) or [Kids-search](https://www.kids-search.com). Safe search settings can also be activated on [Google](https://www.google.com) and other search engines, as well as [YouTube](https://www.youtube.com).
- **Manage Screen Time** - Whilst many activities can be completed online, they may not need access to a screen for all of the task. Make sure your child gets regular breaks from using technology and think of different ways you could complete the task. Check out this advice for [balancing screen time](#).
- **YouTube** - We may direct you to view certain educational videos or videos created by Eden Park teachers on YouTube. We recommend children view these in a family environment, so that their viewing can be supervised.
- **Stay Involved** - Ensuring you have a good understanding of how your child uses technology and what content they are viewing is essential in keeping children safe. Be clear what your child can and can't do online – where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Have time exploring together and getting them to show you what they have been doing.
- **If you are unsure, ask-** If you have any e-safety concerns or would like more advice on keeping your child safe online then we recommend the following websites. They have tips and advice as well as ways you can discuss and learn about e-safety with your children at an age suitable level. <https://www.internetmatters.org/> <https://www.thinkuknow.co.uk/>
<https://www.saferinternet.org.uk/> <https://www.nspcc.org.uk/>



Thank you, Eden Park Academy

