

WEEK ONE

Monday

Warm Chicken Wrap with Lettuce & Mayonnaise
Served with salad and pasta spirals
(v) Beans on Toast with Grated Cheese (optional)
Homemade Iced Sponge with Sprinkles
(Milk, Eggs, Wheat)*

Tuesday

Pasta Spirals with Homemade Carbonara Sauce
(v) Mediterranean Tomato Sauce
Served with Salad & Garlic Bread Slice
Strawberry Whip
(Wheat, Milk, Eggs)*

Wednesday

Roast Chicken and Stuffing
(v) Roasted Vegetable Tart
Served with creamy mashed potatoes & roasted
potatoes, fresh crinkle carrots, peas, broccoli & gravy
Cheese & Crackers with Fresh Apple Slices or Mango
Smoothie
(Milk, Wheat, Soya, Eggs)*

Thursday

Sausage Roll
(v) Cheese Baguette & Salad
Served with beans or sweetcorn
Rainbow Jelly with Fruit Salad
(Wheat, Milk, Fish)*

Friday

Catch of the Day (Fish Nuggets, Fillets or Fingers)
(v) Cheese & Onion Lattice
Served with crispy chips, peas, sweetcorn & tomato
sauce
Ice Cream Surprise
(Milk, Wheat, Fish & Eggs)*

WEEK TWO

Monday

Westcountry Sausage Roll
(v) Sweet & Sour Vegetables with Noodles
Served with mini corn on the cob or spaghetti hoops
Chocolate Cookie
(Milk, Wheat)*

Tuesday

Homemade Creamy Chicken Curry, Steamed Rice & Nann Bread
(v) Cheese & Tomato Pizza Muffin, Beans or Salad
Mint Choc Chip Ice Cream
(Eggs, Milk, Wheat)*

Wednesday

Roast Gammon Ham & Pineapple
(v) Vegetarian Roast
Served with crispy roast potatoes or mashed potatoes, fresh crinkle
Carrots, broccoli, peas & gravy
Chocolate Cracknel
(Wheat, Milk, Soya)*

Thursday

Hot Dogs in a Bun with Steamed Onions (Optional)
(v) Tomato Pasta Bake
Served with mixed vegetables or baked beans
Chocolate Cake with Chocolate Custard
(Milk, Wheat, Eggs, Mustard)*

Friday

Catch of the Day (Fish Nuggets, Fillets or Fingers)
(v) Quorn Sausage
Served with crispy chips, peas, sweetcorn & tomato sauce
Iced Fruit Smoothie or Fruity Meringue Nest
(Wheat, Milk, Fish, Egg)*

WEEK 1 DATES

7th September 2020

21st September 2020

5th October 2020

19th October 2020

9th November 2020

23rd November 2020

7th December 2020

WEEK 2 DATE

14th September 2020

28th September 2020

12th October 2020

2nd November 2020

16th November 2020

30th November 2020

14th December 2020

Bread Basket every day

Salad Bar every day but Wed

Jacket Potatoes available Mon/Tues/Thurs

Fresh Fruit & Yoghurts daily