

BREAD BASKET AVAILABLE
EVERY DAY

JACKET POTATOES AVAILABLE
MONDAY, TUESDAY & THURSDAY
WITH VARIOUS FILLINGS

SALAD BAR
MONDAY, TUESDAY, THURSDAY
& FRIDAY

FRESH FRUIT AND MULLER
YOGHURTS EVERY DAY

FRUTINA AVAILABLE AS A FRUIT
OPTION



*** Please Note: : Due to new
food legislations we need to
advise you of certain food
allergens.**

**LOOK OUT FOR OUR
SPECIAL MENU DAYS**

FRESH - Cooked from fresh
ingredients daily

HEALTHY - We only use quality
ingredients, sourced locally
wherever possible.

QUALITY - By taking advantage
of local and seasonal produce, our
menu avoids processed foods,
undesirable additives and
hydrogenated fats to provide a
healthy, balanced diet.

FREE SCHOOL MEALS

Visit www.devon.gov.uk to look up free
school meals under 'f' in the a to z.
For further information and advice
please call 0845 155 1019 or ask at the
School Office.

*If your child has any dietary needs
or allergies, please feel free to speak
to our friendly kitchen staff Lisa or
Kim.*

EDEN PARK ACADEMY

FORTNIGHTLY MENU

PRICE: £2.00 PER DAY

Phone: 01271 343214
website details www.eden-park.academy
E-mail: admin@eden-park.academy

WEEK ONE

Monday

Warm Chicken Wrap with Lettuce & Mayonnaise

Served with salad and pasta spirals

(v) Homemade Macaroni Cheese with Garlic Bread Slice

Steamed Sponge with Custard

*(Milk, Eggs, Wheat, Mustard)**

Tuesday

Brunch (Bacon, Sausage, Hash Brown & Beans)

(v) Freshly made Cheese or Tuna Baguette

Served with Salad & Homemade Coleslaw

Ice Cream Surprise

*(Wheat, Milk, Fish)**

Wednesday

Roast Turkey and Stuffing

(v) Roasted Vegetable Tart

Served with roast or mashed potatoes, fresh crinkle carrots, peas, broccoli & gravy

Homemade Iced Sponge

*(Milk, Wheat, Soya, Eggs)**

Thursday

Pasta Spirals with Homemade Carbonara Sauce

(v) Mediterranean Tomato Sauce

Served with salad & garlic bread slice

Homemade Flapjack

*(Wheat, Milk, Mustard)**

Friday

Catch of the Day (Fish Nuggets, Fillets or Fingers)

(v) Golden Vegetable Nuggets

Served with crispy chips, peas, sweetcorn & tomato sauce

Chocolate Cookie

*(Milk, Wheat, Fish & Eggs)**

WEEK TWO

Monday

Homemade Cheese & Tomato Pizza Muffin

Served with oven baked potato wedges, baked beans or sweetcorn

(v) Baked Beans on Wholemeal Toast Cheese Sprinkles (Optional)

Peach Melba

*(Milk, Wheat)**

Tuesday

Westcountry Sausage Roll

(v) Crispy Crumb Vegetable Burger in a Bun

Served with mini corn on the cob or spaghetti hoops

Chocolate Sponge & Chocolate Custard

*(Eggs, Milk, Wheat)**

Wednesday

Roast Gammon Ham & Pineapple

(v) Vegetarian Roast

Served with crispy roast potatoes or mashed potatoes, fresh crinkle

Carrots, broccoli, peas & gravy

Custard Biscuit

*(Wheat, Milk, Soya)**

Thursday

Homemade Creamy Chicken Curry

Served with steamed rice and Nann bread

(v) Homemade Cheese Wheel

Served with baked beans or mixed vegetables

Fruit Cocktail Jelly

*(Milk, Wheat)**

Friday

Catch of the Day (Fish Nuggets, Fillets or Fingers)

(v) Quorn Sausage

Served with crispy chips, peas, sweetcorn & tomato sauce

Iced Fruit Smoothie or Fruity Meringue Nest

*(Wheat, Milk, Fish, Egg)**

WEEK 1 DATES

14th January

28th January

11th February

4th March

18th March

1st April

WEEK 2 DATES

7th January

21st January

4th February

25th February

11th March

25th March

Bread Basket every day

Salad Bar every day but Wed

Jacket Potatoes available Mon/Tues/Thurs

Fresh Fruit & Yoghurts daily